

SOAR Student Training Progress Week 25- 2 Mile Bench, 26.2 Mile Los Angeles Marathon

Student / WK 25	19-Mar	21-Mar	24-Mar	Total Miles Weekly	Total Miles YTD	Total Miles Owed	Long Miles Owed	Average Training Time / WK	Wkly Min / Mile	YTD Min / Mile
Aladueno, Rigoberto	0:15:33	0:16:33	4:12:14	30.2	401.7			1:34:47	09:25	08:23
Arana, Luis	0:28:40	0:32:07	4:40:37	30.2	353.7			1:53:48	11:18	09:29
Breault, Charlie	0:28:50	0:31:05	6:50:55	30.2	357.6			2:36:57	15:35	12:47
Cisneros, Matthew	0:23:30	0:29:59	5:50:33	30.2	405.7			2:14:41	13:23	12:07
De La Paz, Jonathan	0:19:21	0:19:43	4:57:17	30.2	394.7			1:52:07	11:08	10:05
Derrick, Samea	0:17:20	0:21:30	4:11:47	30.2	395.7			1:36:52	09:37	09:22
Diaz, Nadia	0:22:29	0:22:47	6:16:00	30.2	399.7			2:20:25	13:57	13:37
Estrada, Jose	0:16:45	0:19:43	4:45:15	30.2	400.7			1:47:14	10:39	09:56
Ford, Elizabeth	0:20:55	0:31:02	4:50:56	30.2	405.7			1:54:18	11:21	10:45
Gawra, Simardeep	0:15:02	0:30:17	4:45:33	30.2	407.7			1:50:17	10:57	09:14
Kim, Cecilia	0:20:55	0:31:00	5:26:42	30.2	398.7			2:06:12	12:32	12:27
Kim, Evan	0:15:20	0:30:42	4:39:46	30.2	366.6			1:48:36	10:47	11:14
Kuhlman, Kevin	0:14:47	0:31:05	4:55:08	30.2	394.7			1:53:40	11:17	09:21
Martinez, Kimberly	2:10:00	0:32:07	6:47:27	43.2	375.6			3:09:51	13:11	10:10
Mendoza, Alejandro	0:19:21	0:19:43	4:58:29	30.2	392.7			1:52:31	11:11	11:18
Menjivar, Brian	0:28:30	0:32:07	6:54:07	30.2	399.7			2:38:15	15:43	13:24
Olsen, Schuyler	0:19:02	0:19:56	5:14:06	30.2	399.7			1:57:41	11:41	11:50
Redfern Kaia	0:20:00	0:21:30	5:39:12	30.2	399.7			2:06:54	12:36	10:24
Saturno, Aubrey	0:21:06	0:29:59	6:25:35	30.2	374.6			2:25:33	14:28	12:06
Seifert, Angelica	0:28:30	0:29:59	5:40:14	30.2	385.6			2:12:54	13:12	10:33
Spiker, Christopher	0:17:20	0:21:30	4:08:51	30.2	387.7			1:35:54	09:32	09:04
Turpin, Lottie	0:22:24	0:27:06	6:47:38	30.2	385.7			2:32:23	15:08	14:31
Vadapalli, Dhivya	0:28:30	0:30:25	6:37:37	30.2	387.7			2:32:11	15:07	13:01
Vazquez, Valeria	0:28:40	0:30:25	6:37:36	30.2	382.7			2:32:14	15:07	12:48

- 1) CONGRATULATIONS TEAM 2019!!!!!! YOU ARE AMAZING!!!!!! YOU ARE INSPIRING!!!!!! YOU ARE REMARKABLE!!! YOU ARE MIRACULOUS!!!!**
- 2) SAVE THE DATE!! TEAM 2019 CELEBRATION DINNER - FRIDAY APRIL 26th 6-8PM. MORE INFO COMING SOON!!!!**
- 3) POST YOUR MARATHON PICS AND VIDEO TO THE TEAM'S SHARED DRIVE OR AT FACEBOOK.COM/SOARSANTACLARITA!**
- 4) VISIT SOAR-SC.ORG FOR TEAM 2020 UPDATES - COMING SOON!!!!!! HAVE A GREAT SUMMER!!!! WAHOOOOOOOO!!!!**
- 5) Join SOAR for the Walk Run 2 Heal Kids 5K in Encino Sunday April 28th!! \$20 for students / \$20 for coaches / charity / family members!**