

**SOAR Student Training Progress Week 24- 2 Mile Bench, 26.2 Mile Los Angeles Marathon**

<b>Student / WK 24</b>	<b>11-Mar</b>	<b>13-Mar</b>	<b>16-Mar</b>	<b>Total Miles Weekly</b>	<b>Total Miles YTD</b>	<b>Total Miles Owed</b>	<b>Long Miles Owed</b>	<b>Weekly Tempo Min / Mile</b>	<b>Weekly Min / Mile</b>	<b>YTD Tempo Min / Mile</b>	<b>YTD Weekly Min / Mile</b>
Agopian, Alex	0:19:46	0:00:00	5:10:51	28.2	389.9			00:00	11:43	09:15	09:36
Akel, Tamara	0:25:17	0:00:00	6:20:09	28.2	374.9			00:00	14:23	11:48	12:48
Barba, Ivanna	0:21:50	0:00:00	6:18:22	28.2	323.0			00:00	14:11	10:19	11:18
Chang, Lauryn	0:24:25	0:00:00	5:59:23	28.2	371.4			00:00	13:37	11:31	11:04
Choi, Vince	0:24:38	0:00:00	6:27:37	28.2	384.3			00:00	14:37	11:32	12:56
Garcia, Bella	0:23:33	0:00:00	6:03:25	28.2	385.9			00:00	13:43	11:26	12:03
Guerrero, Cheyenne	0:20:54	0:00:00	4:46:23	28.2	391.4			00:00	10:54	09:55	10:33
Hernandez, Yoselin	0:25:22	0:00:00	5:34:16	28.2	318.9			00:00	12:45	11:56	13:13
Jawich, Tarek	0:24:57	0:00:00	1:57:00	10.0	340.2			00:00	14:12	11:49	12:13
Jimenez, Aaden	0:21:35	0:00:00	6:06:29	28.2	380.9			00:00	13:46	10:08	10:43
Kayne, Ben	0:17:15	0:00:00	5:25:16	28.2	397.9			00:00	12:09	08:10	08:53
Khvalko, Vladyslav	0:18:19	0:00:00	4:33:40	28.2	372.4			00:00	10:21	08:36	09:07
Krishnamoorth, Advait	0:16:20	0:00:00	4:41:49	28.2	386.2			00:00	10:34	07:46	09:08
Lopez, Jeremy	0:22:54	0:00:00	5:45:50	28.2	390.4			00:00	13:05	10:54	11:34
Mohamed, Zaina	0:21:50	0:00:00	6:13:16	28.2	371.9			00:00	14:01	10:23	12:51
Najera, Sophia	0:22:47	0:00:00	5:10:14	28.2	386.7			00:00	11:49	10:41	11:17
Patel, Anika	0:20:04	0:00:00	5:06:17	28.2	379.5			00:00	11:34	09:28	08:46
Ramirez, Ireland	0:21:44	0:00:00	5:55:16	28.2	388.0			00:00	13:22	12:49	11:11
Samal, Praneel	0:16:00	0:00:00	4:10:57	28.2	398.9			00:00	09:28	07:36	08:18
Soriano, Isabella	0:18:55	0:00:00	4:13:47	28.2	373.4			00:00	09:40	08:55	09:21
Ventura, Yelitza	0:21:38	0:00:00	5:17:20	28.2	384.7			00:00	12:01	10:49	10:45
Woldesadik, Isaac	0:22:51	0:00:00	5:36:50	28.2	390.4			00:00	12:45	10:36	11:05
Zamascikov, Philip	0:21:53	0:00:00	5:58:22	28.2	387.4			00:00	13:29	11:25	11:21

**1) CONGRATULATIONS ON COMPLETING THE LA MARATHON TEAM 2025!!!!!! YOU ARE AMAZING!!!!!! YOU ARE INSPIRING!!!!!!**

**2) YOU ARE REMARKABLE!!! YOU ARE MIRACULOUS!!!! YOU ARE ROCK STARS!!**

**3} Team Celebration Dinner Friday April 25th, 6-8pm at Rancho Pico JHS Hope to see you there!!!!**

**4) POST YOUR MARATHON PICS AND VIDEO TO THE TEAM'S SHARED DRIVE, CHAT, OR AT FACEBOOK.COM/SOARSANTACLARITA!**

**5) VISIT SOAR-SC.ORG FOR TEAM 2024 UPDATES - COMING SOON!!!!!! HAVE A GREAT SUMMER!!!! WAHOOOOOOOO!!!!**

**6) Check out SOAR-SC.org. Follow us on Facebook at [www.facebook.com/soarsantaclarita](http://www.facebook.com/soarsantaclarita) - Instagram SOAR\_SC**