

SOAR Student Training Progress Week 21- 4 Mile Bench, Mardi Gras Madness Special Event

Student / WK 21	19-Feb	21-Feb	23-Feb	Total Miles Weekly	Total Miles YTD	Total Miles Owed	Long Miles Owed	Average Training Time / WK	Wkly Min / Mile	YTD Min / Mile
Aladuena, Rigoberto	0:33:11	0:51:26	Waived	10.2	306.5			0:42:18	08:18	08:18
Arana, Luis	0:37:38	0:58:20	Waived	10.2	304.5			0:47:59	09:25	09:25
Breault, Charlie	0:53:08	1:22:21	Waived	10.2	262.4			1:07:44	13:17	13:17
Cisneros, Matthew	0:47:46	1:14:02	Waived	10.2	310.5			1:00:54	11:56	11:56
De La Paz, Jonathan	0:40:13	1:02:21	Waived	10.2	304.5			0:51:17	10:03	10:03
Derrick, Samea	0:37:39	0:58:21	0:28:14	13.2	300.5			0:41:25	09:25	09:25
Diaz, Nadia	0:54:28	1:24:26	Waived	10.2	304.5			1:09:27	13:37	13:37
Estrada, Jose	0:39:24	1:01:04	Waived	10.2	305.5			0:50:14	09:51	09:51
Ford, Elizabeth	0:42:51	1:06:25	Waived	10.2	305.5			0:54:38	10:43	10:43
Gawra, Simardeep	0:36:43	0:56:54	Waived	10.2	312.5			0:46:49	09:11	09:11
Kim, Cecilia	0:49:57	1:17:26	Waived	10.2	312.5			1:03:42	12:29	12:29
Kim, Evan	0:45:57	1:11:13	Waived	10.2	271.4			0:58:35	11:29	11:29
Kuhlman, Kevin	0:36:40	0:56:49	Waived	10.2	299.5			0:46:44	09:10	09:10
Martinez, Kimberly	0:40:00	1:02:01	2:54:49	25.2	274.4	3.0		1:32:17	10:59	10:03
Mendoza, Alejandro	0:45:08	1:09:57	Waived	10.2	292.5	5.0		0:57:33	11:17	11:17
Menjivar, Brian	0:53:46	1:23:20	0:36:11	13.2	304.5			0:57:46	13:08	13:26
Olsen, Schuyler	0:46:58	1:12:48	Waived	10.2	304.5			0:59:53	11:45	11:45
Redfern Kaia	0:41:01	1:03:34	Waived	10.2	304.5			0:52:17	10:15	10:15
Saturno, Aubrey	0:48:02	1:14:27	2:54:49	25.2	279.4			1:39:06	11:48	12:00
Seifert, Angelica		1:02:44	Waived	6.2	301.4	4.0		1:02:44	10:07	10:07
Spiker, Christopher	0:36:14	0:56:09	0:56:09	16.2	290.5	2.0		0:49:31	09:10	09:04
Turpin, Lottie	0:58:02	1:29:57	3:59:00	25.2	300.5			2:09:00	15:21	14:33
Vadapalli, Dhivya	0:51:24	1:19:39	Waived	10.2	292.5			1:05:31	12:51	12:51
Vazquez, Valeria	0:50:33	1:18:21	Waived	10.2	296.5	5.0		1:04:27	12:38	12:38

- 1) SOAR'S 12th Annual 20 Miler is set for Saturday March 9th!! All student must finish in 5 hours or less to qualify for the LA Marathon!!!**
- 2) REPORTING TIME FOR SOAR'S 20 MILER IS 6AM AT PLACERTITA JHS!!**
- 3) Final marathon benchmark - SOAR's 20 Miler! Saturday March 9th! Meet at Placerita JHS 6am!**
- 4) All weekly and total mile results highlighted in RED indicate miles owed. YOU are responsible for arranging all makeup miles with a coach! All miles owed must be made up by Thursday, March 7th to participate in the SOAR 20 MILER!**
- 5) Check out SOAR-SC.org. Like us on Facebook at www.facebook.com/soarsantaclarita - Instagram SOAR_SC - Snapchat - SOAR_SC**
- 6) MARDI GRAS MADNESS REPORTING TIME IS 530AM SUNDAY 2/24 FOR ALL SOAR STUDENTS!!!**