

Students Off And Running

2018-2019 Parental Understanding of Student Participation

Dear Parent/Guardian:

We welcome your son/daughter to the 2018-2019 Students Off And Running season. As a representative of our program at many community events throughout the year, your son/daughter is expected to show basic good behavior and respect along with a sustained level of participation in the program. It is important to understand that while our organization sets the requirements for participation, your son/daughter's Coach has the final word in deciding whether or not your child has met these requirements.

In order to remain a member of SOAR for the 2018-2019 season, and to be included in the City of Los Angeles Marathon XXXIV on March 24, 2019, the following is required of your son/daughter:

- Must exhibit proper and respectful manners and behavior towards fellow runners, Coaches and other adults at all times.
- Must have a physical examination by a medical professional by December 7, 2018.
- Must have joined before November 30, 2018.
- Must attend regular practices as specified by his/her Coaches.
- Must attend all scheduled events on Saturdays or Sundays
- Must complete the 20 mile scheduled SOAR 20 Miler in under 5 hours 20 minutes.

Please discuss these expectations with your student as well as the commitment required for membership in Students Off And Running. Thank you for your involvement with your son/daughter and our program.

~~The Staff and Coordinators of Students Off And Running

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I have read and agree to the requirements for my son's/daughter's participation in Students Off And Running.

Parent's Signature: _____ Date: _____

Student's Signature: _____ School Group: _____