


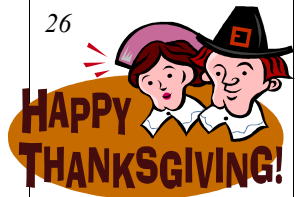


November 2015



SUN	MON	TUE	WED	THU	FRI	SAT
<p>1</p> <p>Event Road Runner Sports Shoe Clinic (Studio City) 2-6p</p> 	2	<p>3</p> <p>5.0 Miles 3:30-5:30p (Lowe's) Sarkissian</p>	4	<p>5</p> <p>4.0 Miles 3:30-5:30p (Lowe's) Sarkissian</p>	6	<p>7</p> <p>Event  Hollywood Hardrock 10K (Hollywood) 6-10a</p>
8	9	<p>10</p> <p>4.0 Miles 3:30-5:30p (Lowe's) Sarkissian</p>	11	<p>12</p> <p>4.0 Miles 3:30-5:30p (Lowe's) Sarkissian</p>	13	<p>14</p> <p>10.0 Miles 6:00-10:00a (Lowe's) Sarkissian</p>
15	16	<p>17</p> <p>4.0 Miles 3:30-5:30p (Lowe's) Sarkissian</p>	18	<p>19</p> <p>5.0 Miles 3:30-5:30p (Lowe's) Sarkissian</p>	20	<p>21</p> <p> 5.0 Miles—VO2 Refuel! 6:00-8:00a (Facey) Sarkissian</p>
22	23	<p>24</p> <p>5.0 Miles 3:30-5:30p (Lowe's) Sarkissian</p>	25	<p>26</p> <p> HAPPY THANKSGIVING!</p>	27	<p>28</p> <p>10.0 Miles 6:00-10:00a (Lowe's) Sarkissian</p>
29	30	<p>SOAR</p>				