



# MARCH 2020



SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3 4.0 Miles 3:30-5:30p (Lowes) Easy A Aerobic	4	5 4.0 Miles 3:30-5:30p (Lowes) Easy A Aerobic	6	7 Event LA Marathon Expo / Team Dinner 10-4pm
8 Event LA Marathon XXXV 3:30a-4pm Tempo			10	11	12	13
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				