



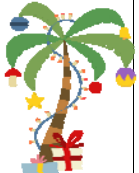


YOU CAN DO
26.2!

DECEMBER 2018



SUN	MON	TUE	WED	THU	FRI	SAT
SOAR						1 7.0 Miles 6:00-8:00a (Lowe's / MGM) Sarkissian
2 Event Road Runner Sports Shoe Clinic (Studio City) 2-6p 	3	4 5.0 Miles 3:30-5:30p (Lowe's) Sarkissian	5	6 4.0 Miles 3:30-5:30p (Lowe's) Hallen	7	8 Event SOAR Jingle Bell 10 Miler (Encino) 6-1pm 
9	10	11 4.0 Miles 3:30-5:30p (Lowe's) Sarkissian	12	13 4.0 Miles 3:30-5:30p (Lowe's) Hallen	14	15 Event Santa Monica / Ven Christmas 10K (SM) 6-10a 
16	17	18 4.0 Miles 3:30-5:30p (Lowe's) Sarkissian	19	20 5.0 Miles 3:30-5:30p (Lowe's) Hallen	21	22 Happy Holidays! No Training Today!
23	24 	25 Merry Christmas! 	26	27 5.0 Miles 9-11a (Iron Horse) Hallen	28	29 10.0 Miles 6:00-8:00a (Lowe's) Sarkissian