Santa Clarita Track Club's Students Off And Running (SOAR)

Coaches Contact Sheet Training Season 2015- 2016



What if my work schedule or another activity interferes with my practice schedule?

Remember that in order to maintain marathon conditioning, you will have to train at least 3 days per week. If you have a job, ROP, or other extracurricular that interferes with practice time, you will have to work out an alternative training schedule with one of your coaches. If you can't make it to practice for any reason, you should call or text the <u>coach in charge of training that day</u> as soon as possible.

A final note, SOAR's coaching staff are not required to accommodate make up miles. We only commit to scheduled practice, but will do everything possible to help you out if you contact us and try to schedule a make up run.

Title	Coaching Staff	Cell	Comment
Head	Kevin Sarkissian	661.877.7024	Call/Text
Assistant	Sandra Bonilla	661.607.7265	Text
Assistant	Nick Conant	661.877.6205	Text
Assistant	Sharlene Duzick	661.713.7365	Text
Assistant	Wayne Lee	818.625.5068	Text
Assistant	Danielle Marsh	818.395.0469	Text
Assistant	Jessica Ruiz	661.993.8885	Text
Assistant	David Smith	661.733.7401	Text
Assistant	Beth Townsend	626.644.9371	Text
Assistant	David Yurcisin	661.803.6123	Text