

SOAR Student Training Progress Week 24- 2 Mile Bench / 26.2 Mile Los Angeles Marathon

Student / WK 24	13-Mar	15-Mar	18-Mar	Total Miles Weekly	Total Miles YTD	Total Miles Owed	Average Training Time / WK	Wkly Min / Mile	YTD Min / Mile
Armienta, Maria	0:24:08	0:24:08	6:06:40	30.2	402.9		2:18:19	13:44	12:08
Breault, Charlie	0:26:00	0:26:00	6:12:45	30.2	403.0		2:21:35	14:04	12:57
Cabrera, Alexis	0:20:00	0:20:00	5:16:58	30.2	398.2		1:58:59	11:49	10:00
Carroll-Tramble, Kamari	0:24:30	0:24:30	5:41:00	30.2	394.2		2:10:00	12:55	12:18
Corona, Luis	0:21:15	0:21:15	6:32:51	30.2	389.7		2:25:07	14:25	10:50
Dalgan, Abraham	0:22:00	0:22:00	5:31:22	30.2	395.0		2:05:07	12:26	11:03
DeLaPaz, Jonathan	0:20:20	0:20:20	4:56:51	30.2	403.0		1:52:30	11:11	10:13
Diaz, Nadia	0:27:30	0:27:30	5:48:03	30.2	396.0		2:14:21	13:21	13:42
Estrada, Aimee	0:21:50	0:21:50	5:27:21	30.2	400.7		2:03:40	12:17	10:52
Ford, Elizabeth	0:22:00	0:22:00	4:48:25	30.2	397.0		1:50:48	11:00	11:01
Garcia, Dale	0:25:50	0:25:50	6:13:06	30.2	374.8		2:21:35	14:04	12:52
Green, Hannah	0:19:10	0:19:10	3:52:48	30.2	380.0		1:30:23	08:59	09:39
Hoglo, Lukas	0:24:30	0:24:30	6:06:26	30.2	393.9		2:18:29	13:45	12:20
Hoglo, Wyatt	0:18:10	0:18:10	4:47:45	30.2	394.9		1:48:02	10:44	09:11
Islas, Willow	0:24:00	0:24:00	6:10:53	30.2	387.0		2:19:38	13:52	12:02
Kim, Hana	0:23:30	0:23:30	5:19:55	30.2	392.0		2:02:18	12:09	11:45
Kuhlman, Kevin	0:18:30	0:18:30	4:53:40	30.2	400.0		1:50:13	10:57	09:18
Lagunas, Jocelyn	0:20:00	0:20:00	5:01:06	30.2	398.0		1:53:42	11:18	10:03
Mendoza, Alejandro	0:23:30	0:23:30	6:01:36	30.2	403.0		2:16:12	13:32	11:51
Nadeau, Kelly	0:22:30	0:22:30	5:01:54	30.2	392.6		1:55:38	11:29	11:17
Olsen, Schuyler	0:23:10	0:23:10	5:40:32	30.2	395.0		2:08:57	12:49	11:41
Philips, Ryan	0:21:00	0:21:00	4:40:53	30.2	396.9		1:47:38	10:41	10:33
Rojas, Jaret	0:18:00	0:18:00	4:21:56	30.2	400.0		1:39:19	09:52	08:58
Seifert, Angelica	0:21:50	0:21:50	5:01:42	30.2	395.5		1:55:07	11:26	10:56
Song, Erin	0:24:40	0:24:40	5:35:41	30.2	391.0		2:08:20	12:45	12:21
Spiker, Katelyn	0:21:10	0:21:10	5:35:13	30.2	375.8		2:05:51	12:30	10:45
Toothman, Anika	0:23:00	0:23:00	5:22:10	30.2	398.0		2:02:43	12:11	11:29
Vazquez, Valeria	0:24:00	0:24:00	5:52:34	30.2	401.2		2:13:31	13:16	11:59

1) CONGRATULATIONS TEAM 2018!!!!!! YOU ARE AMAZING!!!!!! YOU ARE INSPIRING!!!!!! YOU ARE REMARKABLE!!! YOU ARE MIRACULOUS!!!!

2) SAVE THE DATE!! TEAM 2018 CELEBRATION DINNER - FRIDAY APRIL 27th 6-8PM. MORE INFO COMING SOON!!!!

3) POST YOUR MARATHON PICS AND VIDEO TO THE TEAM'S SHARED DRIVE OR AT [FACEBOOK.COM/SOARSANTACLARITA!](https://www.facebook.com/soarsantaclarita/)

4) VISIT SOAR-SC.ORG FOR TEAM 2019 UPDATES - COMING SOON!!!!!! HAVE A GREAT SUMMER!!!!!! WAHOOOOOOOO!!!!

5) Join Team SOAR for the Foam Glow 5K in Pomona Saturday May 12th!! \$25 for students / \$25 for coaches / charity runners!