



NOVEMBER 2016



SUN	MON	TUE	WED	THU	FRI	SAT
		1 4.0 Miles 3:30-5:30p (Lowe's) Sarkissian	2	3 4.0 Miles 3:30-5:30p (Lowe's) Sarkissian	4	5
6 Event We Spark 5K 6-10am (Studio City)		8 4.0 Miles 3:30-5:30p (Lowe's) Sarkissian	9	10 4.0 Miles 3:30-5:30p (Lowe's) Sarkissian CPK NIGHT! 	11	12 5.0 Miles 6:00-8:00a (Facey) Sarkissian
13	14	15 4.0 Miles 3:30-5:30p (Lowe's) Sarkissian	16	17 5.0 Miles 3:30-5:30p (Lowe's) Sarkissian	18	19 5.0 Miles 6:00-8:00a (Lowe's) Sarkissian
20	21	22 5.0 Miles 3:30-5:30p (Lowe's) Sarkissian	23	24 	25	26 5.0 Miles 6:00-8:00a (Facey) Sarkissian
27	28	29 5.0 Miles 3:30-5:30p (Lowe's) Sarkissian	30			