



JANUARY 2018

SUN	MON	TUE	WED	THU	FRI	SAT
31	1 	2 5.0 Miles 9-11a (Lowe's) Sarkissian	3	4 5.0 Miles 9-11a (Lowe's) Hallen	5	6 10.0 Miles 6:00-10:00a (Facey) Sarkissian
7	8	9 5.0 Miles 330-5p (Lowe's) Sarkissian	10	11 4.0 Miles 330-5p (Lowe's) Hallen	12	13 Event So Cal 1/2 Marathon (Irvine) 5a-2p 
14	15	16 4.0 Miles 330-5p (Lowe's) Sarkissian	17	18 4.0 Miles 3:30-5:30p (Lowe's) Hallen	19	20 10.0 Miles 6-10a (Lowe's) Sarkissian
21	22	23 4.0 Miles 330-5p (Lowe's) Sarkissian	24	25 5.0 Miles 3:30-5:30p (Lowe's) Hallen	26	27 10.0 Miles 6:00-10:00a (Facey) Sarkissian
28	29	30 5.0 Miles 330-5p (Lowe's) Sarkissian	31			