






JANUARY 2017

SUN	MON	TUE	WED	THU	FRI	SAT 
1 	2	3 5.0 Miles 9-11a (Lowe's) Sarkissian	4	5 5.0 Miles 9-11a (Lowe's) Sarkissian	6	7 Event  So Cal 1/2 Marathon (Irvine) 5a-2p
8	9	10 5.0 Miles 330-5p (Lowe's) Sarkissian	11	12 4.0 Miles 330-5p (Lowe's) Sarkissian	13	14 10.0 Miles 6:00-10:00a (Facey) Sarkissian
15	16	17 4.0 Miles 330-5p (Lowe's) Sarkissian	18	19 4.0 Miles 3:30-5:30p (Lowe's) Sarkissian	20	21 10.0 Miles 6-10a (Lowe's) Sarkissian
22	23	24 4.0 Miles 330-5p (Lowe's) Sarkissian	25	26 5.0 Miles 3:30-5:30p (Lowe's) Sarkissian	27	28 10.0 Miles 6:00-10:00a (Facey) Sarkissian
29	30	31 5.0 Miles 330-5p (Lowe's) Sarkissian		