

YOU CAN DO
26.2!



DECEMBER 2016

SUN	MON	TUE	WED	THU	FRI	SAT
	SOAR			1 4.0 Miles 3:30-5:30p (Lowe's) Sarkissian	2	3 8.0 Miles 6:00-8:00a (Lowe's) Sarkissian
4 Event Road Runner Sports Shoe Clinic (Studio City) 2-6p 	5	6 5.0 Miles 3:30-5:30p (Lowe's) Sarkissian	7	8 4.0 Miles 3:30-5:30p (Lowe's) Sarkissian	9	10  Event Santa Monica / Ven Christmas 10K (SM) 6-10a
11	12	13 4.0 Miles 3:30-5:30p (Lowe's) Sarkissian	14	15 4.0 Miles 3:30-5:30p (Lowe's) Sarkissian	16	17 Event SOAR Jingle Bell 10 Miler (Encino) 6-1pm 
18	19	20 4.0 Miles 9-11a (Lowe's) Sarkissian	21	22 5.0 Miles 9-11a (Lowe's) Sarkissian	23	24  Happy Holidays! No Training Today!
25 Merry Christmas! 	26	27 5.0 Miles 9-11a (Lowe's) Sarkissian	28	29 5.0 Miles 9-11a (Lowe's) Sarkissian	30	31 10.0 Miles 6:00-8:00a (Lowe's) Sarkissian