Santa Clarita Track Club's Students Off And Running (SOAR)

**Coaches Contact Sheet** 

## Training Season 2021-2022



## What if my work schedule or another activity interferes with my practice schedule?

Remember that in order to maintain marathon conditioning, you will have to train at least 3 days per week. If you have a job, class, or other extracurricular that interferes with practice time, you will have to work out an alternative training schedule with one of your coaches. If you can't make it to practice for any reason, you should call or text the <u>coach in charge of training that day</u> as soon as possible.

A final note, SOAR's coaching staff are not required to accommodate make up miles. We only commit to scheduled practice, but will do everything possible to help you out if <u>you contact us</u> and try to schedule a make up run.

Title	Coaching Staff	Cell	Comment
Head	Kevin Sarkissian	661.877.7024	Call/Text
Assistant	Sunanda Vadapalli	661.414.6278	Text
Assistant	Jesse Mondragon	661.666.1781	Text
Assistant	Reshmi Vadapalli	661.309.8331	Text
Assistant	Hannah Cox	661.645.3745	Text
Assistant	Joy Redfern	818.419.1773	Text
Assistant	Claire Moehring	201.452.6072	Text
Assistant	Tyler Strang	661.607.8775	Text
Assistant	Patrick Uchino	818.523.2417	Text

