Santa Clarita Track Club's Students Off And Running (SOAR)

Coaches Contact Sheet

Training Season 2021-2022



What if my work schedule or another activity interferes with my practice schedule?

Remember that in order to maintain marathon conditioning, you will have to train at least 3 days per week. If you have a job, class, or other extracurricular that interferes with practice time, you will have to work out an alternative training schedule with one of your coaches. If you can't make it to practice for any reason, you should call or text the <u>coach in charge of training that day</u> as soon as possible.

A final note, SOAR's coaching staff are not required to accommodate make up miles. We only commit to scheduled practice, but will do everything possible to help you out if <u>you contact us</u> and try to schedule a make up run.

| Title | Coaching Staff | Cell | Comment |
|-----------|-------------------|--------------|-----------|
| Head | Kevin Sarkissian | 661.877.7024 | Call/Text |
| Assistant | Sunanda Vadapalli | 661.414.6278 | Text |
| Assistant | Jesse Mondragon | 661.666.1781 | Text |
| Assistant | Reshmi Vadapalli | 661.309.8331 | Text |
| Assistant | Hannah Cox | 661.645.3745 | Text |
| Assistant | Joy Redfern | 818.419.1773 | Text |
| Assistant | Claire Moehring | 201.452.6072 | Text |
| Assistant | Tyler Strang | 661.607.8775 | Text |
| Assistant | Patrick Uchino | 818.523.2417 | Text |

